



REPLY TO
ATTENTION OF

DEPARTMENT OF THE ARMY
UNITED STATES ARMY GARRISON SCHWEINFURT
UNIT 25850, BOX 10
APO AE 09033

IMSW-ZA

19 APR 2011

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Policy Memorandum #01-34, Unit Movement Formations and Physical Training Off Post

1. References:

- a. AR 385-10, The Army Safety Program, 4 Oct 11
- b. AE PAM 385-15-5, Leaders Guide to Accident Prevention in Physical Training Running Formations, 10 Nov 04

2. Purpose. To heighten Soldier awareness during the conduct of unit formations and physical fitness training off-post.

3. General. Unit formations moving tactically, administratively, or during physical fitness training present a serious hazard. Death or serious injury can occur without the establishment of appropriate safety measures. Unit Commanders will establish safety measures and conduct risk assessments to identify and mitigate all hazards to unit formations and movements.

4. The following guidelines are established for the conduct of unit formations and/or movements off-post:

- a. Ensure Soldiers are properly marked with reflective clothing when conducting unit or individual movements.
- b. Dismounted formations in the German community will utilize trails and sidewalks when possible and formations will not exceed ten Soldiers. The exception is if units are utilizing the Tank Trail to conduct physical fitness training.
- c. Calling cadence or excessive noise is prohibited in urban and housing areas.
- d. During hours of low visibility, units will not utilize the Conn Barracks East Gate or the access road leading to the East Gate for dismounted movements. Units are encouraged to conduct physical fitness training on Conn Barracks or utilize the Main Gate to exit/enter the installation.
- e. When reentering the installation from off-post, one NCO will stand with the PONDS guard and identify all Soldiers entering the installation. Ensure that all stragglers are accounted for.

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5. Individual Physical Training. Soldiers conducting physical training on and off-post are required to:

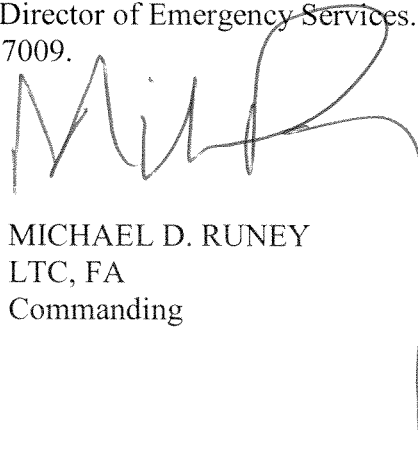
a. Wear light-colored clothing.

b. Wear reflective clothing/markings during hours of limited visibility.

c. Run on sidewalks as much as possible. When it is not possible to run on a sidewalk or trail, individuals will run on the left side of public roads facing traffic.

6. AE PAM 385-15-5 provides valuable information concerning physical fitness training risk assessments, causes of injury, and preventative measures.

7. Proponent. The proponent for this policy is the Director of Emergency Services. Please direct any questions or concerns to the DES at DSN 354-7009.



MICHAEL D. RUNEY
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Commanding

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